

An aerial, blue-tinted photograph of the London skyline, featuring The Shard as the central focus. The city extends to the horizon under a cloudy sky, with the River Thames visible in the foreground.

ELITE SCREENING
PROGRAMME

HCA Healthcare UK

ELITE SCREENING

The Elite screening option is our most advanced health assessment, combining comprehensive diagnostic tests with a personalised doctor-led service.

This unique screening service includes options for genetic testing, advanced diagnostic imaging, and a full range of blood and pathology tests.

Your entire health journey with us is underpinned by your own dedicated doctor, who will manage your screening pathway.



WHAT TO EXPECT FROM YOUR PROGRAMME

When you arrive for your health screen, you will be assigned a concierge who will guide you through the screening day.

Your tests will be fully mapped out in advance, meaning that your examinations are efficient and you have more time with your doctor to review your current health, and any health concerns which you may wish to raise.

The Elite health screen takes several hours and you will need to fast beforehand. You will be provided with a meal once the fasting scans are complete.

Your health screen will take place at the London Bridge Hospital campus, which includes their main hospital building and outpatient centre in The Shard.





THE ELITE SCREEN

TESTS INCLUDED:

- One-to-one consultation with your personal doctor, lasting 75 minutes
- Detailed physical examination with your personal doctor
- Physiological examinations (including height and weight, blood pressure, basal metabolic rate and many more)
- Blood tests for key nutritional, cardiovascular, and hormonal indicators
- Urine analysis
- Body composition analysis
- Hearing test
- Diabetes test and risk score (HbA1C, which is more accurate than glucose test)
- Cardiovascular risk score

ADVANCED TESTS

During your pre-assessment, you will decide with your doctor which advanced tests will be included within your Elite screen. These tests are amongst the most advanced in the UK screening and diagnostics market.

Hereditary cancer test – The Invitae genetics test will determine whether you are at an increased risk of developing 45 medical conditions, including many of the common cancers.

DNAFit – a genetic screening test which analyses genetic markers associated with fitness, nutrition and sporting performance. Based on your result, your GP can provide personalised advice to help you build a health and lifestyle plan to optimise your performance.

Brain MRI scan – A painless magnetic resonance imaging test to assess both the brain tissue and blood vessels in the brain. This can help to locate a number of issues including aneurysms and tumours.

Fibroscan – A painless ultrasound of the liver, which tests elasticity and looks for signs of damage or scarring. Liver problems can often be fully treated and cured when found before permanent scarring (cirrhosis) has occurred.

CT coronary angiography – A CT angiogram is a minimally invasive test to examine the coronary arteries in your heart, and assess your risk of heart disease. It involves an injection of dye into the arm, followed by a CT scan of your heart and arteries.

Hereditary cardiac test – The Invitae genetics test will determine whether you are at an increased risk of developing 45 medical conditions, including cardiovascular disorders.

CT virtual colonoscopy – CT scanning is utilised to create a 3D picture of your bowel, which is first inflated with air or carbon dioxide to ensure clarity of the scan. This method is less invasive than traditional colonoscopy.

Adrenal stress profile – This saliva test is used to measure imbalances in your stress hormone levels. This can be important in helping you to work with your doctor on managing stress or anxiety, and may also be considered an indicator of issues relating to blood sugar levels.

TESTS FOR WOMEN

Mammography – For breast screening, digital mammography is considered the gold standard. We have a full digital mammography suite available, and your doctor will discuss screening at appropriate intervals with you.

Ovarian cancer screen – This includes a CA125 blood test and a pelvic ultrasound and is considered the gold standard for ovarian screening. Where a pelvic ultrasound cannot be tolerated, abdominal ultrasound is also available as a secondary option.



TESTS FOR MEN

PSA prostate test – Prostate specific antigen (PSA) testing, along with digital rectal examination (DRE) is recommended for men over 40.

Mp-MRI prostate test – A high resolution MRI test used to view the prostate and check for potential tumours. This is a new, advanced imaging option in prostate screening.



YOUR ELITE HEALTH SCREEN

Length of screen: Up to 5½ hours

Your first Elite screening appointment will consist of an extensive range of tests, including some of the most advanced diagnostic imaging tests available in the UK. This is an opportunity to have a health assessment which is entirely tailored to your needs, and will guide your future screening pathway with us.

Pre-assessment:

Your pre-assessment is a 75 minute consultation with your personal doctor, it will define which tests are booked for your health screen. The doctor will discuss your lifestyle and family history in detail. Our patient navigators will book both the 75 minute pre-assessment and, two weeks later, the Elite screening day at convenient times to you.

The screening may lead to referrals for additional tests which are not covered as part of the programme, and for these out-of-scope tests, pre-authorisation with the healthcare insurance provider will be required.

YOUR ANNUAL ELITE SCREEN

Length of screen: Up to 3½ hours

With the Elite programme, you will be eligible for a screen every year. Which tests you have will depend on the results of your previous health screen, and any other health issues which you have raised with your personal GP throughout the year.

Of course, you won't need every test each year, so it is important to have a pre-assessment with your personal doctor to discuss what you will need. This approach means that the Elite screening pathway is truly made for you, and will change each year as you continue your health journey with us.

There are a number of additional tests which may be added to your annual Elite screen, which include:

- More detailed lung function test (flow volume loop)
- Exercise and resting ECG test
- Spinal assessment (spinal mouse test)

ELITE ONGOING

Your health doesn't stop between health screens, so we have developed Elite Ongoing. As part of the Elite programme, we make sure you can access care between your health screens. Not only will you receive your full health screening report within two weeks of your screen, with the option of a follow up consultation with your personal doctor, you'll also receive access to a number of additional benefits throughout the year.



PERSONAL, PRIVATE GP

Your screening doctor will be dedicated to your care throughout the year. You can visit any of our London clinics for a private GP appointment, or have a video or telephone consultation with your doctor when needed.

This is our highest level of personalised private GP coverage, and there is no limit on your number of appointments.

This service is fully covered within your Elite screening price and incurs no extra charge.

Speak to our team about the Elite screening programme today
Call: **0345 437 0366** | Email: concierge@hcaprimarycare.co.uk

The Princess Grace Hospital
Open 8.00am-10.00pm
42-52 Nottingham Place,
Marylebone,
London W1U 5NY

The Wellington Hospital
Open 8.00am-10.00pm
Wellington Place,
St John's Wood,
London NW8 9LE

The Lister Hospital
Open 8.00am-8.00pm
Chelsea Bridge Road,
Chelsea,
London SW1W 8RH

**The Portland Hospital
for Children - ages 0-17**
Open 8.00am-8.00pm
Great Portland Street,
London W1W 5AH

Opening hours are currently subject to change due to COVID-19 restrictions.
For our latest opening times visit
www.urgentcarecentre.co.uk



URGENT CARE CENTRES

At HCA UK, we have five Urgent Care Centres, each of which is situated within one of our exceptional London hospitals. As part of the Elite programme, your initial consultation fees are covered within our Urgent Care Centres, usually priced at £100 or £150 at our Urgent Care Centre for Children. However, ongoing tests will need to be paid for or covered by your insurance policy.

There is no limit on the number of times you can attend, and this offer includes your partner or spouse, and your children.

Adult Urgent Care Centres (aged 18+):

- The Lister Hospital
- The Princess Grace Hospital
- The Wellington Hospital

Urgent Care Centre for Children (ages 0-17):

- The Portland Hospital

*List of centres and opening hours accurate as of 1st July 2019

Our group

Connect with us



The Harley Street Clinic

The Lister Hospital

London Bridge Hospital

The Portland Hospital

The Princess Grace Hospital

The Wellington Hospital

The Christie Private Care

HCA UK at University College Hospital

HCA UK at The Wilmslow Hospital

Leaders in Oncology Care

0345 437 0366

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